

STOP THE BINGE DRINKING CULTURE

stopthebingedrinkingculture.org.nz

There are strong links between binge drinking of alcohol and the abuse of sex (paddock mating), fragility/disposability of relationships and the disappearance - destruction of the basic building block of the society (the family). The evidence (symptoms) of harm are shown in family and general violence, child abuse, high rates of sexual transmitted diseases and promiscuity, road toll, depression and suicide.

Binge drinking is when alcohol (Class B Drug) is consumed in such quantity that it has a similar effect as Class A Drugs such as Heroin, Cocaine and P, completely blocking out reality. Binge drinking is just as deadly.

Binge drinking of **Alcohol** is the common link (tread) and several of these **Harm** outcomes will manifest when excess quantities are consumed.



AIMS of the Campaign

Encourage New Zealanders to;

TAKE ownership of the binge drinking problem

RECOGNIZE Binge Drinking as a social illness

PROMOTE action at all levels

Culture Changes

STIGMATISE Binge drinking Drunkenness is not cool

RESPECT for people who choose not to drink alcohol

CELEBRATE the action of those people who choose not to abuse alcohol

SOFT DRINKS must be supplied alongside alcohol at functions

NIL Alcohol at all school functions

Suggested Law Changes of the STOP THE BINGE DRINKING CULTURE Campaign

All Off-Licences Closed at 7:00pm (as prior to 1989)

So Parents can retire knowing no more alcohol can be bought after 7:00pm.

Drunk party goers will no longer drive out late at night to buy more alcohol.

Total Ban on Sugar Sweetened "Cocktails in a Can" (R.T.D.) Drinks

R.T.Ds. are simply sample packs that introduce young people to hard liquor which in turn encourages "shot glass" binge drinking.

Alcohol Awareness to be included in the Current Sex Education Syllabus

Dr Makary and other NZ Doctors have established the link between alcohol and the abuse of sex. See the DVD "Doctor, I don't know who I slept with last night".

Change the Maximum Blood Alcohol Level change from .08 to .05

All developed countries except N.Z. have .05 as the standard. (i.e. Australia)

Expenditure on Alcohol is Personal, not Tax Deductible

Finance Companies should not be able to spend depositor's money on alcohol.

Establish a Minimum Price for Alcohol

Stop Supermarkets using alcohol as "lost leaders".

All Liquor Bottles and Cases of Liquor to show Store of Origin Labels

If there is a fatal road accident, where was the alcohol bought?

If a young person is in possession of alcohol who supplied it.

Store of Origin Labels to show warnings of potential fetal alcohol spectrum disorder

Similar to labels on cigarette packets.

No Advertising Links between Alcohol and Sport or Sportspeople

Disgraceful behaviour by an All Black in Rarotonga, for example.

No Alcohol supplied or served to under 20 Year Olds

Raise the "age-tail". Currently 16 and 17 years are drinking, i.e. High School.

No Alcohol may be consumed in Public Places (Liquor Ban)

Already many local bodies regulate certain areas to be alcohol free